

Compassionate Communication

AN INTERACTIVE STUDY GROUP

*Based on Marshall Rosenberg's book:
Nonviolent Communication (NVC), A Language of Life*

Facilitator: Molly Traffas, LSCSW

Wednesdays 10:00am - Sept 24 thru Oct 15, 2008 - \$20 per person

First session (Sept 24) will be 2 hours: Overview & Observations

Oct 1, Oct 8 & Oct 15 - 1 1/2 hrs: Feelings/Needs/Requests

Nonviolent Communication's purpose is to create a quality of connection with ourselves and others in which everyone's needs are equally valued and met through natural giving.

Book is available for \$15.00
Scholarships available

**Space is limited - Please call or email today to reserve your spot
so the books can be ordered**



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