

# Compassionate Communication

## AN INTERACTIVE STUDY GROUP

*Based on Marshall Rosenberg's book:  
**Nonviolent Communication (NVC), A Language of Life***

Facilitator: Molly Traffas, LCSW



**Wednesdays 10:00am - Jan 14, 2009 thru Feb 18, 2009 - \$30.00**

First session (Jan 14, 2009) - 2 hours:	Overview & Observations
Second session (Jan 21) - 1 1/2 hours:	Feelings
Third session (Jan 28) - 1 1/2 hours:	Needs
Fourth session (Feb 4) - 1 1/2 hours:	Requests
Fifth session (Feb 11) - 1 1/2 hours:	Empathy
Sixth session (Feb 18) - 1 1/2 hours:	Gratitude

*Nonviolent Communication's purpose is to create a quality of connection with ourselves and others in which everyone's needs are equally valued and met through natural giving.*

Book is available for \$16.00  
Scholarships available

**Space is limited - Please call or email today to reserve your spot  
*Please let us know ahead of time if you would like a book***

**For more information on Molly Traffas: [mollytraffas.com](http://mollytraffas.com)**



**GREAT PLAINS EARTH INSTITUTE**

829 N Market, Wichita, KS 67214

316-262-4120 or [info@gpei.org](mailto:info@gpei.org)

[www.gpei.org](http://www.gpei.org)