



Hunab Ku as Gratitude

*come and go, black or white, dark or light
is unified polarity ~ beginning to end
as ONE*

The Mayan Hunab Ku can be translated as “One Giver of Movement and Measure”, and is conceptually equivalent to Source, Great Spirit, Absolute Being or God. From the perspective of the Galactic Maya, there is One Source of all energy which is Divine Consciousness. The Maya understood that everything comes from and returns to the One Source. Hunab Ku is the Heart of All Beings and each of us is connected through our own hearts.

In fact, it is impossible to be disconnected.

**Imagine a cord emerging from your heart center.
Now feel this cord flowing from the pure heart beating within,
spinning through the crystal center
of Earth, Sun, Galaxy and the Heart of All Consciousness.**

With Love, as Love, to be Love.

In Gratitude for all that Is.

Re-connecting every level of Creation as ONE.

**With tenderness and grace, gently pulse loving Gratitude
along this cord. Be fully present to enjoy a resonant
vibration with all Creation connecting you to Source...**

Here to Now.

**Lovingly consider this cord to be a universal,
yet personal, pattern or possibility...
a current of simultaneous Come and Go,
a flow cosmically connecting the heart of YOU
with the Source of (k)new.**

adapted from gaianxaos.com and worldgratitude.com