

IMAGINE A WOMAN

Imagine a woman who believes it is right and good she is a woman.
A woman who honors her experience and tells her stories.
Who refuses to carry the sins of others within her body and life.

Imagine a woman who trusts and respects herself.
A woman who listens to her needs and desires.
Who meets them with tenderness and grace.

Imagine a woman who has acknowledged the
past's influence on the present.
A woman who has walked through her past.
Who has healed into the present.

Imagine a woman who authors her own life.
A woman who exerts, initiates, and moves
on her own behalf. Who refuses to surrender
except to her truest self and to her wisest voice.

Imagine a woman who names her own gods.
A woman who imagines the divine in her image
and likeness. Who designs her own spirituality
and allows it to inform her daily life.

Imagine a woman in love with her own body.
A woman who believes her body is enough, just
as it is. Who celebrates her body and its rhythms
and cycles as an exquisite resource.

Imagine a woman who honors the face of the Goddess in her changing face.
A woman who celebrates the accumulation of her years and her wisdom.
Who refuses to use precious energy disguising the changes in her body and life.

Imagine a woman who values the women in her life.
A woman who sits in circles of women.
Who is reminded of the truth about herself when she forgets.

Imagine yourself as this woman.



by Patricia Lynn Reilly