



The *True Secret of Writing*

Facilitated by Lincoln Scott

Saturday - August 28, 2010

9:00am to 4:00pm

We will take a 1 1/2hr lunch break - feel free to bring your own lunch or there are many restaurants in the area.

The Enrichment Center - 902 N Market, Wichita

Cost: \$40.00 (scholarships available)

Bring fast writing pens, notebooks, loose fitting clothes.

RSVP: Rita Robl at info@gpei.org or 316.942.2201 x1499 or Lincoln at lincolndscott@cox.net

Writing is an innate human activity!

Only humans do it!

Dogs, cats, trees, mountains, plastic bags, ants don't do it.

*It should have been added to the Declaration of Independence:
the right to life, liberty and the pursuit of happiness and writing! Reading too!*

In this workshop come learn the true secret of writing, that innate activity that we all share. We will explore our memories, recent and long forgotten. Come ready to write a lot and listen deeply. There will be short meditations, slow walking, and short readings of wonderful authors.

Lincoln Scott is a facilitator of local writing workshops in creative writing practice and is a certified facilitator in Holotropic Breathwork - a method of deep inner exploration using breath and music. He has lead several workshops using breathwork and other integrative, personal inner journey techniques. He has organized and leads a weekly writing practice group.

