



Unleash Your Wild Mind

Facilitated by Lincoln Scott

Saturday - February 27, 2010

9:00am to 4:00pm

The Enrichment Center - 902 N Market, Wichita

Cost: \$40.00 (scholarships available)

RSVP: Rita Robl at info@gpei.org or 316.942.2201 x1499
Lincoln at lincolndscott@cox.net

Do you have a desire to find your wild, untethered and free mind?

Where you exist in a sense of being open and abandoned?

A feeling experienced in rare moments of letting go.

Where will you go? What can you find?

Saunter down a misty path and bump into the lost and forgotten past.

*Dive into the unknown, untapped and expansive depths to encounter
your creative power and unleash your waiting Wild Mind.*

Lincoln will guide you gently and humorously into this deep and waiting region of yourself. Using the Natalie Goldberg interactive group writing practice, you will explore and discover this space that exists in you.



Lincoln Scott is a facilitator of local writing workshops in creative writing practice and is a certified facilitator in Holotropic Breathwork - a method of deep inner exploration using breath and music. He has lead several workshops using breathwork and other integrative, personal inner journey techniques. He has organized and leads a weekly writing practice group.